

Our outpatient clinic sites offer a wide range of physical, occupational and speech therapy services, including a number of specialty programs.

Physical Therapy is a profession dedicated to pain relief, injury prevention and movement restoration. Our highly-educated team of health care professionals helps community members maintain mobility and quality of life. In many cases, physical therapy can help to avoid surgery.

Our team prides itself on the use of evidenced-based treatment techniques. In fact, many members of our team are instructors for universities or continuing education companies. The result is a team that is highly trained in the most current methods and treatments.

We provide interventions for a variety of diagnoses and symptoms.

Diagnoses

- Amputation
- Balance and Fall Risk
- Chronic Pain
- Developmental Delays
- Geriatric
- Hand Therapy
- Integration/Autism
- Joint Replacement
- Motor Vehicle Accident
- Neurological/CVA Therapy
- Pediatric Neuro
- Pelvic Dysfunction
- Rotator Cuff
- Sacral Iliac Therapy
- Sensory Integration
- Spinal Dysfunction
- Sports Injuries
- TMJ
- Vertigo
- Women's Health

Interventions

- ADL Training
- Aquatic Therapy (FOLSOM ONLY)
- Balance & Proprioception
- Cupping
- Dynamic Advance High
- Level Therapy
- E-Stim
- Ergonomic & Risk Management
- Gait Training
- Game Ready
- Graston
- H Wave
- Independent Gym
- Joint Mobilization
- Kinesio Taping
- Massage Therapy
- McConnell Taping
- McKenzie Technique Method
- Optogait
- Orthotics – Prosthetics
- Progressive Resistive Training
- Proprioception Training
- Sensory Integration
- Soft Tissue Mobilization
- Traction
- Ultrasound
- Vestibular Rehabilitation

If you are already seeing a physician, we will gladly partner with them in your care.

**Most Insurances Accepted*

GENERAL INFORMATION



(800) 900-8491

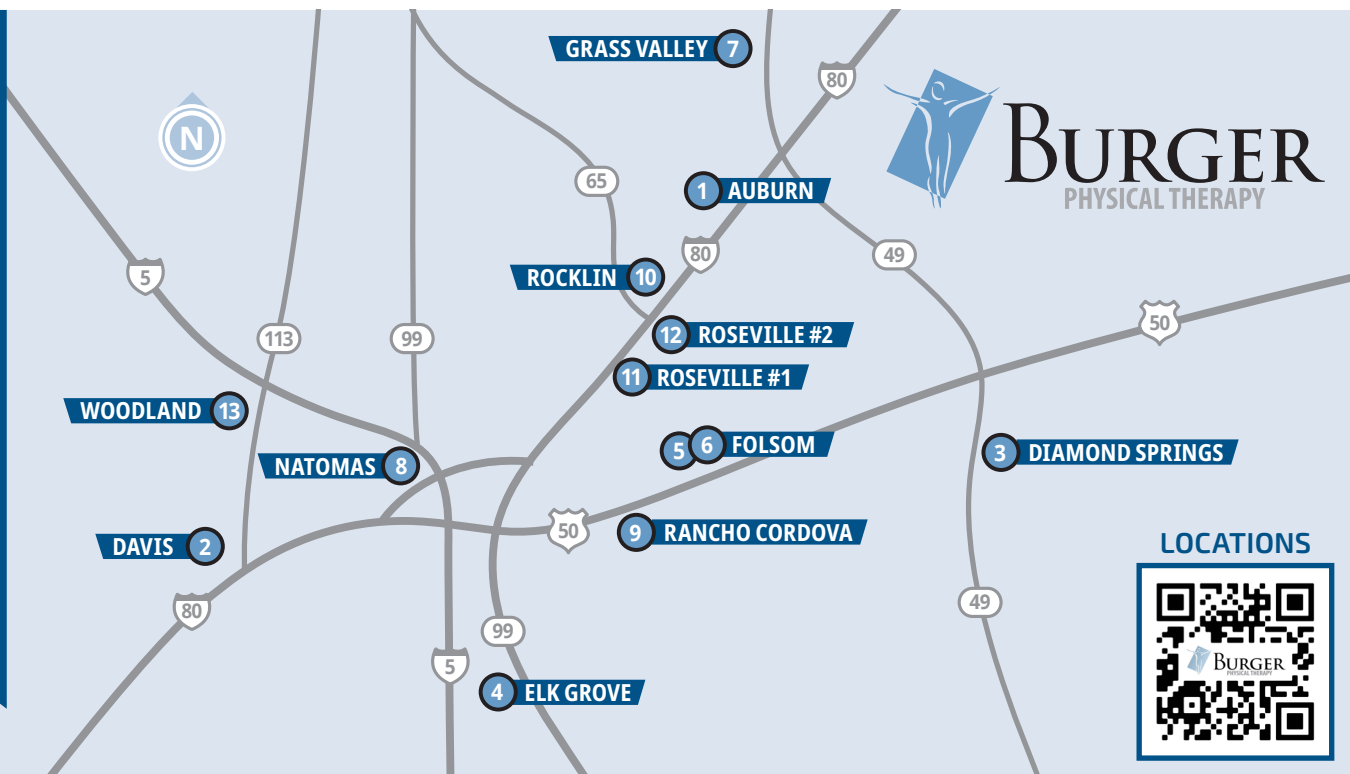


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- 3 Diamond Springs**
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- 4 Elk Grove**
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MAKE AN
APPOINTMENT



APPOINTMENTS SPECIALTY THERAPIES AVAILABLE: **H** HAND **S** SPEECH **A** AQUATIC

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